

Housing Options

2024

for Senior Adults in Schenectady County



Includes Information for:
Independent Living, Assisted Living, and Nursing Homes



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Albany Guardian Society (AGS) is pleased to announce the release of our latest edition of the Housing Options for Senior Adults directory. This comprehensive directory is designed to assist seniors in finding acceptable housing options that fit their unique needs and preferences. Whether you're looking for independent living, assisted living, or a nursing home, our directory has something for everyone. We understand that aging in place can be a challenging process, which is why we've compiled a list of resources and tips to help guide you through the process.

When thinking about moving, be sure to schedule tours or visits at different times of the day to ensure that the housing is a good fit for you or your loved one. Additionally, look at the calendar of events and ask about other services that may be provided such as transportation, social events, and services not included in the monthly fees. Be sure to ask questions, and if you're not sure what to ask, there are lists of questions included in this directory.

We believe that this directory will be an essential resource for older adults and their families, who are looking for the right housing option to meet their needs and expectations. Finding the perfect home can be an overwhelming task, but with this directory, we hope to make the process a little easier.

Albany Guardian Society offers 150+ free classes every year. These classes are offered online and in-person. You can attend online classes from anywhere, or if you prefer, come to our learning and technology resource center located at 12 Corporate Woods Blvd. Albany, New York. From technology to learning more about aging in place, we've got you covered with a wide variety of topics to expand your knowledge to keep you engaged and active. Go to www.albanyguardiansociety.org to view our upcoming classes and to register or call 518-434-2140. We look forward to connecting with you in-person or online.

INDEPENDENT HOUSING

Independent housing is designed for seniors, generally those aged 55 and older. There are two types of Independent housing: market-rate and subsidized.

Market-Rate

Rents are set by the owner/operator based on local market conditions. Market-rate housing does not receive government funding to subsidize rents, and residents typically sign a lease that includes the monthly fee and services provided.

Some Market-Rate housing require an entrance fee that may be partially or fully refundable when the person leaves. Entrance fees, if applicable, are noted in this directory on a separate line as “**Entrance Fees**”.



Questions to ask for Market-Rate Housing

- Is it located close to family, doctors, pharmacy, grocery, shopping, faith communities, and public transportation?
- What is the monthly rent and lease requirements?
- How much is the security deposit?
- Are there entrance fees? If so, what is the cost and is the fee refundable?
- Are there additional charges for services or meals?
- Is there a Resident Service Advisor or Service Coordinator on site?
- Is there transportation services or do they coordinate transportation for residents?
- What type of floor plans are available? Can they be adapted as residents “age in place”?
- What are the security and safety features?
- What type of activities are offered?
- Are pets allowed?
- What is the smoking policy?
- Are garages available? If so, is there an additional cost?
- Is there a waiting list?

Subsidized Housing

Subsidized housing, also called “affordable housing,” involves a government subsidy, which reduces the monthly rent for income-eligible seniors.

Senior Subsidized housing is restricted to persons over a specified age whose income is below certain levels.

Questions to ask for Subsidized Housing

- What are the income eligibility requirements?
- What is the monthly rent and lease requirements?
- What is the security deposit?
- Are there any additional costs?
- Is there a Resident Service Advisor or Service Coordinator on site?
- What services are available on-site?
- Are transportation services available?
- Is there a waiting list?
- What are the security and safety features?
- Are pets allowed?
- What types of activities are offered?
- Is parking available?

Subsidized housing is regulated by HUD (www.hud.gov or 518-862-2801) or HCR (www.nyshcr.org or 518-473-2526). Additional information on HCR properties can be found at www.nyhousingsearch.gov.

ASSISTED LIVING/ADULT CARE FACILITIES

Assisted Living and Adult Care Facilities (ACFs) serve individuals who cannot or do not want to remain at home or in independent housing, and do not need continuous nursing care as would be provided in a nursing home.

There are several categories of **licensure** with Adult Care Facilities (ACF) and assisted living, and they often provide services. Some have additional licensure or certification to provide specialized services or to accept Medicaid. **Medicare does not cover payment for assisted living or adult care facility services.** All are licensed and overseen by the New York State Department of Health (DOH).

Adult Home (AH)

AHs provide room, board, housekeeping, personal care, and supervision to five or more adults.

Enriched Housing Program

EHPs provide room, board, housekeeping, personal care, and supervision to five or more adults over the age of 65.

Assisted Living Residences (ALR)

To be an ALR the facility needs to be already licensed with DOH as an **Adult Home** or **Enriched Housing Program**. ALRs have a specific individualized plan for each resident. They provide information about services they offer and what these services cost. ALRs can be certified to provide **special needs** and/or **enhanced services** for additional fees or simply provide “basic” ALR services.

Special Needs Assisted Living Residences (SNALRs)

These SNALRs are licensed and approved by DOH to provide specialized services for people with Alzheimer's disease, dementia, or other cognitive impairments.

Enhanced Assisted Living Residences (EALRs)

With additional certification and approved by DOH, EALRs can provide or arrange for nursing care and other additional services in the facility as needed. These can include nursing services and therapy.

Assisted Living Program (ALP)

This program is the only assisted living option in the state that can accept Medicaid as payment. Be sure to check out the entire list of ALPs at the end of this directory.



Questions to ask for Assisted Living

- Is assisted living appropriate, based on the person's physical, financial, mental, and lifestyle needs? How is the need for services determined?
- Is there an "entrance" fee?
- What other services are included in the basic plan and what services are available for an additional cost?
- Each facility will require a recent medical evaluation from your health care provider. Ask the facility what is required for admission.
- Is there a waiting list?
- What is the dining environment like?
- What religious/spiritual programs are offered?
- There are several different types of assisted living. If you have specialized needs, ask how the facility will make sure your needs are addressed.
- Will this facility be able to meet your future needs?
- What happens if you do not have enough money for payment? Will you have to move to another facility?
- If you have long term care insurance, Medicaid, Supplemental Security Income and/or Veteran's benefits, does the facility accept them for payment?
- What sort of relationships does the facility have with nursing homes, hospitals, and home care agencies, should the resident need more or different care?
- Under what circumstances would a resident have to leave the facility?

FAMILY-TYPE HOMES FOR ADULTS

Family-Type Homes for Adults are private homes that provide an atmosphere of family living for adults who choose to live in a congregate setting. For more information on Family-Type Homes for Adults, go to:

<https://ocfs.ny.gov/programs/adult-svcs/ftha/map.php>

NURSING HOMES

A nursing home, also known as a skilled nursing facility, provides 24-hour medical, nursing, and other services to persons of all ages with disabilities. These facilities are licensed by the New York State Department of Health.

Before being admitted into a nursing home, a screening process begins with a health care professional completing a Patient Review Instrument (PRI) to determine the level of care that is needed.



Questions to ask for Nursing Homes

- What are the findings from the most recent state survey, and is it available to review?
- Are amenities such as private rooms, cable service for individual televisions, and private telephones available? At what cost?
- What activity programs and special events are held at the facility or off-site?
- What religious/spiritual programs are offered?
- How many physicians are on staff? Do you have a choice between the facility's staff physician and your personal physician?
- Does the facility have staff providing occupational, physical, and speech therapy?
- Should hospitalization become necessary, which hospital does the facility typically use? What is the facility's policy on reserving your bed while you are in the hospital?
- Who coordinates admissions? Is there an orientation for new residents?
- Is there a resident and family council to provide input into the kinds of programs and problems the facility may have? How often do they meet?
- What may residents bring with them? Is there room for a favorite chair, photographs, and wall hangings?
- Is there a waiting list?

Resources

Albany County-NY Connects

Telephone: 518-447-7177

www.albanycounty.com/government/ny-connects-long-term-care-services-support

Rensselaer County Department of Aging

Telephone: 518-270-2730

<https://www.rensco.com/159/Aging>

Saratoga County Office for the Aging

Telephone: 518-884-4100

<https://www.saratogacountyny.gov/departments/departments-of-aging-and-youth-services/>

Schenectady County Department of Senior and Long Term Care Services

Telephone: 518-382-8481

<https://www.schenectadycountyny.gov/sltc>

Section 227 of New York State Real Property Law

www.nysenate.gov/legislation/laws/RPP/227-A

NY Housing Search

www.nyhousingsearch.gov

NY Connects

Telephone: 800-342-9871

www.nyconnects.ny.gov

Assisted Living only: NYS Department of Health Adult Care Facilities Profiles:

<https://profiles.health.ny.gov/acf/>

Nursing Homes only: NYS Department of Health Nursing Home Profiles:

https://profiles.health.ny.gov/nursing_home

Family Type Homes, Assisted Living and Nursing Homes: Long Term Care Ombudsman (Advocate for individuals currently living in Family Type Homes, Assisted Living Facilities, or Nursing Homes):

Telephone: 855-582-6769

<https://aging.ny.gov/locationsearch/ombudsmen>

Disclaimer

All of the information provided in this directory was requested directly from each community. Prices, services offered, and housing features are subject to change without notice. Albany Guardian Society is not responsible for the availability and quality of services described in this directory. For any questions about a particular location you need to contact the community directly.

Information in the Introduction section has been carried over from previous editions and is provided courtesy of LeadingAge New York.

13 State Street Apartments

13 State St., Schenectady, New York 12305

Phone	518-952-6314
Age Requirement	55+
Web Site	www.13statestreet.com
Management Company	Beacon Communities LLC
Building Information	
Number of Stories	4 with elevator
Number of Units	61
Units Adapted for Disabled	None
Rent Information	
1 Bedroom	\$789-\$817; 1 Bed w/Den \$817-\$1,038
2 Bedroom	\$936



Entrance Fee	1 month security deposit; No application fee
Included in Rent	Water; Trash; 24-hour emergency maintenance
Pets	Yes. Under 25 lbs
Special Features	2 Community rooms; Library/Lounge; Media room; Gym

Glen Eddy Retirement Community

1 Glen Eddy Dr., Niskayuna, New York 12309

Phone	518-280-8368
Age Requirement	55+
Web Site	www.GlenEddy.com
Management Company	Eddy Senior Living/St. Peter's Health Partners
Building Information	
Number of Stories	2 with elevator
Number of Units	83 apartments; 16 cottages
Units Adapted for Disabled	None
Rent Information	
1 Bedroom	\$3,162 and up depending on financial option
2 Bedroom	\$4,073 and up depending on financial option
Entrance Fee	Refundable entrance fee or straight rental, call for information on rate structure
Included in Rent	Heated indoor pool; Fitness center; Dining plan; 2 dining venues; 24-hour security; Full maintenance-indoor, outdoor; Scheduled transportation; Activities calendar; Cable TV; Hi-speed Internet, Wi-Fi; Nationwide calling
Pets	Yes
Special Features	Part of The Eddy Senior Living; Wellness classes; Individually controlled heat/AC, In-unit washer/dryer; Garden; Billiard room; Art room; Salon; Mail room



Holiday Glenville

2 Tryon Ave., Glenville, New York 12302

Phone	518-370-7080
Age Requirement	55+
Web Site	www.holidayseniorliving.com
Management Company	Atria Senior Living
Building Information	
Number of Stories	3 with elevator
Number of Units	106
Units Adapted for Disabled	All are adaptable
Rent Information	
1 Bedroom	Starting at \$3,099
2 Bedroom	Starting at \$4,169
Entrance Fee	Community fee is one month's rent and is the only move in fee that is charged
Included in Rent	Utilities; Basic cable; Weekly housekeeping and linen service; Transportation; 3 chef-prepared meals a day; Social & recreational activities, themed events
Pets	Yes. Cats and dogs
Special Features	Private caregivers on-site 24/7 for added care; complimentary shuttle service (10 Mile Radius); No smoking policy; 3-month initial lease, month to month after that



Kingsway Court Apartments

321 Kings Rd., Schenectady, New York 12304

Phone	518-393-8800
Age Requirement	55+
Web Site	www.kingswaycommunity.com
Management Company	Kingsway Community
Building Information	
Number of Stories	2 no elevator
Number of Units	13
Units Adapted for Disabled	1
Rent Information	
1 Bedroom	\$1,070-1st floor, \$1,000-2nd floor
2 Bedroom	Not available
Included in Rent	Standard cable service; Transportation to scheduled medical appointments, shopping, and excursions; Maintenance
Pets	Yes. Small pets allowed, call for details
Special Features	Housekeeping and linen service available at an additional cost; Non-smoking community



Kingsway Village Apartments

5000 Queen Philomena Blvd., Schenectady, New York 12304

Phone 518-393-8800
Age Requirement 55+
Web Site www.kingswaycommunity.com
Management Company Kingsway Community

Building Information

Number of Stories 2 with elevators
 Number of Units 102
 Units Adapted for Disabled All are adaptable

Rent Information

1 Bedroom \$2,840-\$3,210 *
 1 Bedroom with Den \$3,210-\$3,580 *
 2 Bedroom \$3,620-\$4,010 *

*Depends on required Trust deposit amount and meal plan choice, call for details
 *2nd person monthly fee is \$650

Entrance Fee Trust deposit required, call for details

Included in Rent Dining service; Wellness, fitness, and social programs; Weekly or biweekly housekeeping/linen service; Cable; 24-hour security; Emergency cords; Transportation to scheduled medical appointments and excursions

Pets Yes. Small dog or indoor cat

Special Features Maintenance free living; priority consideration for higher levels of care on Kingsway campus; Non-smoking community



MARKET-RATE HOUSING

Parkland Garden Apartments

325 Kings Rd., Schenectady, New York 12304

Phone 518-393-8800
Age Requirement 55+
Web Site www.kingswaycommunity.com
Management Company Kingsway Community

Building Information

Number of Stories 2 with elevators
 Number of Units 64
 Units Adapted for Disabled Call for details

Rent Information

Studio \$1,700-\$2,000 *
 1 Bedroom \$2,410-\$2,710 *
 2 Bedroom \$2,990-\$3,290 *

*Depends on meal plan choice, call for details
 *2nd person monthly fee is \$650

Included in Rent Dining service; Wellness, fitness, and social programs; Weekly or biweekly housekeeping/linen service; Cable; 24-hour security; Emergency cords; Transportation to scheduled medical appointments and excursions

Pets Yes. Small dog or indoor cat

Special Features Maintenance free living; Priority consideration for higher levels of care on Kingsway campus; Non-smoking community



Schaffer Heights

107 Nott Ter., Schenectady, New York 12308

Phone	518-382-1956
Age Requirement	62+
Web Site	www.schafferheights.com
Management Company	UPPM
Building Information	
Number of Stories	10 with elevator
Number of Units	118
Units Adapted for Disabled	Call for details
Rent Information	
1 Bedroom	\$1,190
2 Bedroom	\$1,320



Included in Rent	Maintenance free living; 24-hour emergency maintenance; Security desk and secured entry; Water; Sewage; Trash removal
Pets	Yes. One dog or cat under 25 lbs.
Special Features	Schenectady County Senior Services located on-site; Laundry rooms; Handicapped accessible building/apartments; Washer/dryer hookups in each apartment; Off-street/reserved parking available; Daily activities/events; Exercise room; Game room; Salon

Summit at Glenwyck

150 Dutch Meadows Ln., Glenville, New York 12302

Phone	518-280-7340
Age Requirement	55+
Web Site	www.summitatglenwyck.com
Management Company	Summit Senior Living
Building Information	
Number of Stories	3 with elevator
Number of Units	110
Units Adapted for Disabled	Call for details
Rent Information	
1 Bedroom	\$1,750-\$1,905
2 Bedroom	\$2,280-\$2,575



Included in Rent	Hot water; High speed Internet; Basic cable television; Daily continental breakfast; Fitness and aquatic classes; Social activities including live entertainment, educational and wellness programs, other social events; Trash removal; Snow removal; Maintenance; Scheduled transportation to medical appointments, shopping and trips; On site storage
Pets	Yes
Special Features	Indoor pool; Sauna; Fitness/exercise rooms; Salon; Movie theater; Library; Tavern; PT/OT; Bocce ball; Gardens; Dog run; Private balconies/patios; Walk-in showers; Emergency pull cords; Non-smoking community

B'nai B'rith House

22 Knolls Rd., Schenectady, New York 12309

Phone 518-346-8797
Age Requirement 62+ or mobility impaired
Web Site www.nationalchurchresidences.org
Management Company National Church Residences

Building Information

Number of Stories 2 with elevator
 Number of Units 50
 Units Adapted for Disabled 5

Rent Information

1 Bedroom 49 units at 30% of adjusted gross income
 2 Bedroom 1 unit at \$1,200

Utility Allowance

Water; Sewer; Trash; Utility allowance for electric

Pets

Yes. One pet under 30 lbs., \$300 deposit

Special Features

Weekly shopping bus; Congregate meal site nearby; Off-street parking; Laundry room; Service coordinator; Community room; Non-smoking community



SUBSIDIZED HOUSING

Edison Apartments

1310 Princetown Rd., Rotterdam, New York 12306

Phone 518-347-9247
Age Requirement 60+
Web Site www.crmrentalmgmt.com
Management Company CRM Rental Management, Inc.

Building Information

Number of Stories 3 with elevator
 Number of Units 60
 Units Adapted for Disabled 6

Rent Information

1 Bedroom \$540-\$577
 2 Bedroom \$599-\$656

Utility Allowance

Pets

Yes. One pet max weight 20 lbs.

Special Features

Community room; Weekly shopping buses; Off-street parking; Exercise room; Computer room; Call for smoking policy



Father Leo O'Brien Senior Community

3151 Marra Ln., Rotterdam, New York 12303

Phone	518-357-4424
Age Requirement	62+
Web Site	www.depaulhousing.com
Management Company	DePaul Housing Management
Building Information	
Number of Stories	2 with elevator
Number of Units	49
Units Adapted for Disabled	4
Rent Information	
1 Bedroom	30% of adjusted gross income
2 Bedroom	Not available
Utility Allowance	Heat; Hot water; Utility allowance
Pets	Yes. Call for pet policy
Special Features	Community rooms; Coin-op laundry; Secure intercom entrance; Maintenance; Weekly shopping buses; Live-in maintenance tech; 24-hour emergency response system; Health education; Activities; Handicapped-accessible; Service coordination; Community computer station with Internet; Non-smoking community



Hillside View

602 Craig St., Schenectady, New York 12307

Phone	518-388-0059
Age Requirement	62+
Web Site	www.hillsideviewapartments.com
Management Company	The Community Builders Inc.
Building Information	
Number of Stories	3 with elevator
Number of Units	25
Units Adapted for Disabled	18
Rent Information	Project Based Vouchers, call for more information
Studio	30% or 50% of adjusted gross income
1 Bedroom	30% or 50% of adjusted gross income
Utility Allowance	Heat; Hot water
Pets	Yes. Dogs or cats up to 35 lbs.
Special Features	On-site property management staff; Community room with a computer lab; Close to major public transit; Non-smoking community



Holly Manor

2415 Curry Rd., Schenectady, New York 12303

Phone 518-356-6811
Age Requirement 62+
Web Site www.crmrentalmgmt.com
Management Company CRM Rental Management Inc.

Building Information

Number of Stories 2 with elevator
 Number of Units 44
 Units Adapted for Disabled 4

Rent Information

1 Bedroom \$606-\$647
 2 Bedroom \$692-\$724

Utility Allowance

Heat; Hot water

Pets

Yes. One pet under 20 lbs.

Special Features

Weekly shopping bus; Laundry rooms; Activity/exercise room; Community room with computer; Call for smoking policy



SUBSIDIZED HOUSING

Holyrood Housing

201 Fifth St., Scotia, New York 12302

Phone 518-374-7407
Age Requirement 62+ or disabled
Web Site www.burnsmgmt.com
Management Company Burns Management

Building Information

Number of Stories 6 with elevators
 Number of Units 96
 Units Adapted for Disabled 11

Rent Information

1 Bedroom 30% of adjusted gross income
 2 Bedroom Not available

Utility Allowance

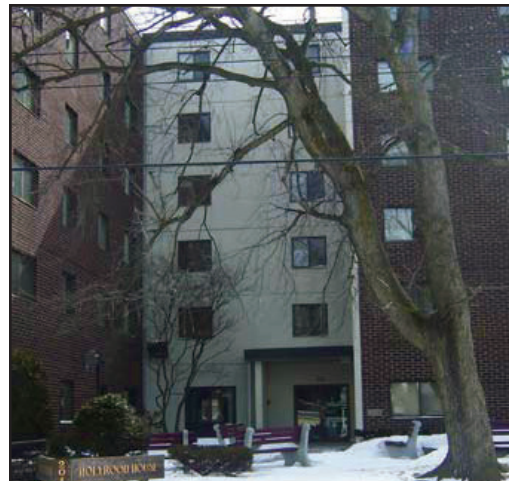
None. Utility allowance

Pets

Yes. One pet under 10 lbs.

Special Features

Active Tenants' Association; Community room; Laundry room; Call for smoking policy



Lincoln Heights

478 Veeder Ave., Schenectady, New York 12305

Phone 518-386-7000
Age Requirement No age requirement, preferential placement given to 62+ or disabled
Web Site www.smha1.org
Management Company Schenectady Municipal Housing Authority

Building Information

Number of Stories 2 (No elevator)
 Number of Units 105
 Units Adapted for Disabled 8

Rent Information

Studio 30% of adjusted gross income
 1 Bedroom 30% of adjusted gross income
 2 Bedroom 30% of adjusted gross income

Utility Allowance

Yes

Pets

Yes. One dog or one cat under 20 lbs., call for pet policy

Special Features

Off-street parking; Emergency call bells; On bus line; Laundry room; Community room; Services Unlimited and Senior Independence Programs available; Activities; Tenants' Association; Weekly transportation to grocery stores, pharmacy, and doctor appointments; Non-smoking community



SUBSIDIZED HOUSING

Mont Pleasant Commons

1502 Chrisler Ave., Schenectady, New York 12303

Phone 518-382-1848
Age Requirement 62+
Web Site www.cdymca.org
Management Company YMCA

Building Information

Number of Stories 2 with elevator
 Number of Units 50
 Units Adapted for Disabled None

Rent Information

1 Bedroom 30% of adjusted gross income
 small waiting list
 2 Bedroom Not available

Utility Allowance

Heat; Hot water

Pets

Yes. Under 40 lbs., \$300 deposit

Special Features

Laundry room; Computer room; Community room; Gazebo; Garden; Non-smoking community



Schonowee Village

420 Hamilton St., Schenectady, New York 12305

Phone	518-386-7000
Age Requirement	No age requirement; preferential placement given to 62+ or disabled
Web Site	www.smha1.org
Management Company	Schenectady Municipal Housing Authority

Building Information

Number of Stories	3 or 4 with elevator
Number of Units	208
Units Adapted for Disabled	14

Rent Information

Studio	30% of adjusted gross income
1 Bedroom	30% of adjusted gross income
2 Bedroom	30% of adjusted gross income

Utility Allowance

Yes

Pets

Yes. One cat or one dog under 20 lbs., call for pet policy

Special Features

On bus line; Laundry room; Emergency call bells; Senior Independence Programs available; Tenants' Association; Activities; Weekly transportation to grocery stores, pharmacy, and doctor appointments; Non-smoking community



SUBSIDIZED HOUSING

Summit Towers

720 Albany St., Schenectady, New York 12307

Phone	518-372-5422
Age Requirement	62+ or disabled
Web Site	
Management Company	Capital District Apartments, LLC

Building Information

Number of Stories	12 with elevators
Number of Units	183
Units Adapted for Disabled	All are adaptable

Rent Information

1 Bedroom	30% of adjusted gross income
2 Bedroom	Not available

Utility Allowance

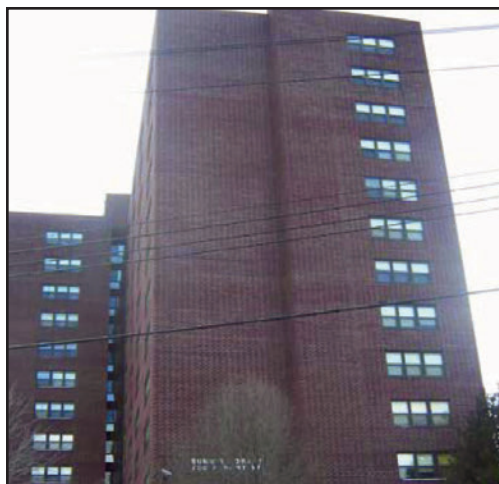
Heat; Hot water

Pets

Yes. Call for pet policy

Special Features

Shopping buses; Off-street parking; Security system; Emergency pull cords; Community room; Scheduled activities; Non-smoking community



Ten Eyck Apartments

375 Broadway, Schenectady, New York 12305

Phone 518-386-7000

Age Requirement No age requirement; preferential placement given to 55+ or disabled

Web Site www.smha1.org

Management Company Schenectady Municipal Housing Authority

Building Information

Number of Stories 7 with elevators
(8 with basement)

Number of Units 101

Units Adapted for Disabled 12

Rent Information

Studio 30% of adjusted gross income

1 Bedroom 30% of adjusted gross income

2 Bedroom Not available

Utility Allowance Yes

Pets Yes. One cat or one dog under 20 lbs., call for pet policy

Special Features

On bus line; Off-street parking; Congregate meal site; Laundry room; Community room; Emergency call bells; Services Unlimited Program and Senior Independence Programs available; Tenants' Association; Activities; Weekly transportation to grocery stores, pharmacy, and doctor appointments; Inside garbage; Non-smoking community



The Lawrence Commons

2660 Albany St., Schenectady, New York 12304

Phone 518-393-2412

Age Requirement 18+ physically disabled

Web Site www.depaulhousing.com

Management Company DePaul Housing Management

Building Information

Number of Stories 1

Number of Units 12

Units Adapted for Disabled 12

Rent Information

1 Bedroom 30% of adjusted gross income

2 Bedroom Not available

Utility Allowance Heat; Hot water; Utility allowance

Pets Yes. Call for details

Special Features

Handicapped accessible building; Community room; Coin-op laundry; Secure intercom entrance; Professional maintenance; Live-in maintenance tech; 24-hour emergency response system; Service coordination; Community computer station w/Internet



Brookdale East Niskayuna

2861 Troy Schenectady Rd., Niskayuna, New York 12309

Phone 518-782-7381

Web Site www.brookdale.com

License Adult Home

Building Information

Number of Stories 1

Number of Beds/Units 52

On-site Health Professional Yes

Payment Information

Private Room \$7,302

Semi-Private Room \$5,125

Services Included in Cost Meals; Laundry; Housekeeping; Activities; Utilities; Medication assistance; Personal care assistance

Special Features

Respite care available; Freestanding memory care; Only accepts persons with dementia/Alzheimer's needing memory care; Life enrichment program; Non-smoking community



Brookdale Niskayuna

1786 Union St., Niskayuna, New York 12309

Phone 518-346-6935

Web Site www.brookdale.com

License Enriched Housing (ALR, EALR)

Building Information

Number of Stories 3 with elevator

Number of Beds/Units 100

On-site Health Professional Yes

Payment Information

Studio \$4,845
One bedroom standard \$5,295
One bedroom deluxe \$5,500
Den \$6,110
(Second person \$1,500)

Semi-Private Room Call for details

Services Included in Cost Utilities (except phone and cable); 3 meals per day; Transportation to medical appointments 3 days per week; Emergency response system; 24/7 staff; Laundry and housekeeping; Medical management of pills

Special Features

Small pets allowed, call for policy; Weekly shopping buses; Accessible for those with limited mobility; Activities; Can accommodate couples; Salon on-site; Mobility assistance; Non-smoking community



Heritage Home for Women

1519 Union St., Schenectady, New York 12309

Phone 518-374-6921

Web Site www.heritagehome4women.net

License Adult Home

Building Information

Number of Stories 3 with elevator

Number of Beds/Units 36

On-site Health Professional Yes

Payment Information

Private Room \$2,100

Semi-Private Room Not available

Services Included in Cost Medication management; 3 meals daily; Housekeeping, laundry services; Programs; activities; Personal ADL assistance; 24-hour supervision; Spiritual care; Transportation to medical appointments

Special Features Hair salon; Sun rooms; Pet therapy and pet visitors are welcome with proof of current vaccinations; On-site church services, Special outings; Non-smoking community



Ingersoll Place

3359 Consaul Rd., Niskayuna, New York 12304

Phone 518-370-4419

Web Site www.ingersollplace.org

License Adult Home
(ALR, SNALR, EALR)

Building Information

Number of Stories 2 with elevator

Number of Beds/Units 78 beds/72 units

On-site Health Professional Yes

Payment Information

Private Room Assisted Studio: \$5,905; Assisted 1 bedroom: \$6,900; Assisted 2 room/companion suite: \$8,395; Memory Care Studio: \$8,160; Memory Care 2 Room/Companion Suite: \$11,840

Services Included in Cost 3 chef-prepared meals daily; Medication management; Transportation to appointments; Assistance with dressing, bathing, and personal hygiene; Housekeeping and linen service; Additional costs for enhanced care services may be applicable based on individual needs

Special Features Short-term respite stays; Pet visitors welcome with up-to-date vaccinations; Coordination of on-site physical therapy and other services; Hair salon; Non-smoking community



Judson Meadows Assisted Living Community

39 Swaggertown Rd., Glenville, New York 12302

Phone	518-831-2400
Web Site	www.judsonmeadowsassistedliving.com
License	Enriched Housing (ALR, EALR, ALP)
Building Information	
Number of Stories	3 with elevator
Number of Beds/Units	80-10 ALP
On-site Health Professional	No
Payment Information	
Private Room	\$4,590 and up, depending on level of care and apartment size
Semi-Private Room	Medicaid funded ALP
Services Included in Cost	Meals; Medication assistance/management; Personal care; Transportation; Case management; Activities; Wi-Fi; Utilities; Cable; Telephone; Housekeeping; Laundry and linens
Special Features	Reading room; Billiard table; Private dining room; Beautician/barber salon; Tub room; Non-smoking community



Kingsway Manor Assisted Living & Memory Care Center

357 Kings Rd., Schenectady, New York 12304

Phone	518-393-8800
Web Site	www.kingswaycommunity.com
License	Adult Home (ALR, EALR, SNALR)
Building Information	
Number of Stories	2 with elevators
Number of Beds/Units	140
On-site Health Professional	Yes
Payment Information	
Private Room/Apartment	Starting at \$5,550 (+\$2,100 2 nd person)
Services Included in Cost	Personal care assistance; Medication management; Housekeeping; Linen and laundry service; 3 meals/snacks daily; Wellness, fitness, social, and life engagement programs; Transportation to scheduled medical appointments and excursions; RN Director of Nursing; 24-hour LPNs
Special Features	Enhanced and respite care available; Secure 20-bed Memory Care wing; Hair salon; Coordination of medical services; \$1,500 application fee; Priority consideration to other levels of care at Kingsway; Non-smoking community



The Terrace at Glen Eddy

1 Ascot Ln., Niskayuna, New York 12309

Phone 518-280-8361
Web Site www.GlenEddy.com
License Enriched Housing

Building Information

Number of Stories 2 with elevator
 Number of Beds/Units 42
 On-site Health Professional Yes

Payment Information

Private Room Starting at \$5,548

Semi-Private Room

Services Included in Cost ADL assistance; Medication management; Meals; Utilities: Cable TV, local telephone, Internet; Weekly housekeeping, linen/laundry services; Transportation; Recreational, social, cultural activities

Special Features Respite care available; Part of The Eddy; Non-smoking community



Baptist Health Nursing and Rehabilitation Center

297 North Ballston Ave., Scotia, New York 12302

Phone 518-370-4700

Web Site www.bapthealth.com

Facility Information

Number of Stories 3 with elevators

Number of Beds 262

Dementia Care Yes. No separate unit

Respite Available No

Payment Information

Semi-Private \$401-\$406 per day

Private Room \$408-\$413 per day

Bariatric Room \$415-\$440 per day



Special Features

47 bed sub-acute rehabilitation unit; Rehab doctor; Full-time nurse practitioner; Types of care provided: Rehab; Tracheostomies; Wound; Bariatric services; Tube feed; IV antibiotics/hydration; Dementia care

Ellis Residential and Rehabilitation Center

600 McClellan St., Schenectady, New York 12304

Phone 518-382-2250

Web Site www.ellismedicine.org

Facility Information

Number of Stories 2 with elevator

Number of Beds 82

Dementia Care Yes. No separate unit

Respite Available Yes. 2 beds

Payment Information

Private-Pay, Private Room \$447.49 per day; PT extra

Private-Pay, Semi-Private \$424 per day; PT extra



Special Features

Sub-acute rehabilitation; Snoezelin Room; Rooftop garden; Pet therapy program and pets are allowed to visit; Non-smoking community

Glendale Home

59 Hecheltown Rd., Scotia, New York 12302

Phone 518-384-3619

Web Site www.schenectadycountyny.gov/glendale-home

Facility Information

Number of Stories 3 with elevator

Number of Beds 200

Dementia Care Yes.

Respite Available No

Payment Information

Private-Pay, Private Room \$450
(+ 6.8 NYS Tax Assessment)

Private-Pay, Semi-Private \$445
(+6.8 NYS Tax Assessment)

Special Features

Bright, newer, non-smoking facility; Five units, each with own dining area; Full bathroom in each room; Sub-acute rehabilitation; On-site visits from podiatrist, ophthalmologist, and dentist; Variety of activities offered



Kingsway Arms Nursing and Rehabilitation Center

323 Kings Rd., Schenectady, New York 12304

Phone 518-393-8800

Web Site www.kingswaycommunity.com

Facility Information

Number of Stories 1

Number of Beds 160

Dementia Care Yes. No separate unit

Respite Available No

Payment Information

Private-Pay, Private Room \$485-\$500 per day

Private-Pay, Semi-Private \$470-\$485 per day

Special Features

Sub-acute rehabilitation; Pet therapy; Art therapy; Music therapy; Transportation; Locally owned and family operated; Physical, occupational, and speech therapy; Preferred consideration to other levels of care; Non-smoking community



Pathways Nursing and Rehabilitation Center

1805 Providence Ave., Niskayuna, New York 12309

Phone 518-374-2212

Web Site www.pathwaysnursing.com

Facility Information

Number of Stories 2 with elevator

Number of Beds 112

Dementia Care Yes

Respite Available Yes

Payment Information

Private-Pay, Private Room \$345-\$438 per day depending on level of service (+6.8% NYS Assessment)

Private-Pay, Semi-Private \$330-\$443 per day depending on level of service (+6.8% NYS Assessment)

Special Features

Facility provides traumatic brain injury services and sub-acute rehabilitation including ventilator; Non-smoking community



The Schenectady Center Rehabilitation and Nursing

526 Altamont Ave., Schenectady, New York 12303

Phone 518-346-6121

Web Site <https://schenectady-center.facilities.centershealthcare.org/>

Facility Information

Number of Stories 2 with elevators

Number of Beds 240

Dementia Care Yes

Respite Available Yes

Payment Information

Private-Pay, Private Room \$620 per day

Private-Pay, Semi-Private \$600 per day

Special Features

Secure memory care unit; State of the art physical therapy suite; Physical therapy offered 7 days/week; Fireplace; Physician + nurse practitioner round 3 times/week on therapy patients; American Heart Failure Certification; Non-smoking community



ADDITIONAL ASSISTED LIVING PROGRAM FACILITIES

Albany County

Promenade at University Place

1228 Western Ave., Albany, NY 12203

Phone: 518-514-9500

Website: <https://www.promenadesenior.com>

Columbia County

Camphill Ghent, Inc.

2542 State Route 66, Chatham, NY 12037

Phone: 518-392-2760

Website: <https://www.camphillghent.org>

Ghent Assisted Living

30 Whittier Way, Ghent, NY 12075

Phone: 518-828-0900

Website: <https://ghental.com>

Essex County

Montcalm Manor H.F.A

45 Montcalm St., Ticonderoga, NY 12883

Phone: 518-585-6230

Website: <https://www.thewgroup.com/community/montcalm-manor-hfa>

Fulton County

Pineview Commons

201 S. Melcher St., Johnstown, NY 12095

Phone: 518-762-5488

Website: <https://pineviewcommons.org>

Greene County

The Eliot at Catskill

122 Jefferson Heights, Catskill, NY 12414

Phone: 518-943-7100

Website: <https://www.eliotalp.com/the-eliot-at-catskill>

Home Sweet Home of Athens

71 2nd St., Athens, NY 12015

Phone: 518-945-1673

Website: <https://www.thewgroup.com/community/home-sweet-home-at-athens>

Home Sweet Home on the Hudson

38 Prospect Ave., Catskill NY 12414

Phone: 518-943-5701

Website: <https://www.thewgroup.com/community/home-sweet-home-on-the-hudson>

Montgomery County

Hillcrest Spring Residential

5052 Upper Market St., Amsterdam, NY 12010

Phone: 518-843-3770

Website: <https://www.hillcrestspringresidential.com>

The Sentinel of Amsterdam

10 Market St., Amsterdam, NY 12010

Phone: 518-896-0010

Website: <https://www.sentinelalf.com>

Rensselaer County

Danforth Adult Care Center

19 Danforth St., Hoosick Falls, NY 12090

Phone: 518-686-5167

Website: <https://danforthadultcare.com>

The Eliot at Troy

2902 Upper Tibbits Ave., Troy, NY 12180

Phone: 518-273-2040

Website: <https://www.eliotalp.com/the-eliot-at-troy>

The Pines at Heartwood

2405 Fifteenth St., Troy, NY 12180

Phone: 518-266-9654

Website: <https://pinesatheartwood.com>

Schenectady County

Judson Meadows Assisted Living Community

39 Swaggertown Rd., Glenville, NY 12302

Phone: 518-831-2400

Website: <https://www.judsonmeadowsassistedliving.com>

Scotia Mansion

39 Wallace St., Scotia, NY 12302

Phone: 518-346-6458

Website: <https://www.thewgroup.com>

Schoharie County

Marchand Manor

121 Main St., P.O. Box 265, Sharon Springs, NY 13459

Phone: 518-284-2357

Website: <https://www.marchandmanor.com>

Warren County

Adirondack Manor H.F.A

653 Bay Rd., Queensbury, NY 12804

Phone: 518-761-0176

Website: <https://www.thewgroup.com>

Washington County

Argyle Center for Independent Living

4573 NY-40, Argyle, NY 12804

Phone: 518-638-8274

Website: <https://centershealthcare.com/locations/argyle-center>

The Mansion at South Union

11 South Union St., Cambridge, NY 12816

Phone: 518-677-3711

Website: <https://www.thecambridgeassistedliving.com>

ALBANY GUARDIAN SOCIETY

12 Corporate Woods Boulevard
Albany, New York 12211
(518) 434-2140
www.albanyguardiansociety.org

You may access this Housing Directory on our Website at
www.albanyguardiansociety.org