

Housing Options

for Senior Adults in Rensselaer County

2024



Includes Information for:
Independent Living, Assisted Living, and Nursing Homes



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Albany Guardian Society (AGS) is pleased to announce the release of our latest edition of the Housing Options for Senior Adults directory. This comprehensive directory is designed to assist seniors in finding acceptable housing options that fit their unique needs and preferences. Whether you're looking for independent living, assisted living, or a nursing home, our directory has something for everyone. We understand that aging in place can be a challenging process, which is why we've compiled a list of resources and tips to help guide you through the process.

When thinking about moving, be sure to schedule tours or visits at different times of the day to ensure that the housing is a good fit for you or your loved one. Additionally, look at the calendar of events and ask about other services that may be provided such as transportation, social events, and services not included in the monthly fees. Be sure to ask questions, and if you're not sure what to ask, there are lists of questions included in this directory.

We believe that this directory will be an essential resource for older adults and their families, who are looking for the right housing option to meet their needs and expectations. Finding the perfect home can be an overwhelming task, but with this directory, we hope to make the process a little easier.

Albany Guardian Society offers 150+ free classes every year. These classes are offered online and in-person. You can attend online classes from anywhere, or if you prefer, come to our learning and technology resource center located at 12 Corporate Woods Blvd. Albany, New York. From technology to learning more about aging in place, we've got you covered with a wide variety of topics to expand your knowledge to keep you engaged and active. Go to www.albanyguardiansociety.org to view our upcoming classes and to register or call 518-434-2140. We look forward to connecting with you in-person or online.

INDEPENDENT HOUSING

Independent housing is designed for seniors, generally those aged 55 and older. There are two types of Independent housing: market-rate and subsidized.

Market-Rate

Rents are set by the owner/operator based on local market conditions. Market-rate housing does not receive government funding to subsidize rents, and residents typically sign a lease that includes the monthly fee and services provided.

Some Market-Rate housing require an entrance fee that may be partially or fully refundable when the person leaves. Entrance fees, if applicable, are noted in this directory on a separate line as **“Entrance Fees”**.



Questions to ask for Market-Rate Housing

- Is it located close to family, doctors, pharmacy, grocery, shopping, faith communities, and public transportation?
- What is the monthly rent and lease requirements?
- How much is the security deposit?
- Are there entrance fees? If so, what is the cost and is the fee refundable?
- Are there additional charges for services or meals?
- Is there a Resident Service Advisor or Service Coordinator on site?
- Is there transportation services or do they coordinate transportation for residents?
- What type of floor plans are available? Can they be adapted as residents “age in place”?
- What are the security and safety features?
- What type of activities are offered?
- Are pets allowed?
- What is the smoking policy?
- Are garages available? If so, is there an additional cost?
- Is there a waiting list?

Subsidized Housing

Subsidized housing, also called “affordable housing,” involves a government subsidy, which reduces the monthly rent for income-eligible seniors.

Senior Subsidized housing is restricted to persons over a specified age whose income is below certain levels.

Questions to ask for Subsidized Housing

- What are the income eligibility requirements?
- What is the monthly rent and lease requirements?
- What is the security deposit?
- Are there any additional costs?
- Is there a Resident Service Advisor or Service Coordinator on site?
- What services are available on-site?
- Are transportation services available?
- Is there a waiting list?
- What are the security and safety features?
- Are pets allowed?
- What types of activities are offered?
- Is parking available?

Subsidized housing is regulated by HUD (www.hud.gov or 518-862-2801) or HCR (www.nyshcr.org or 518-473-2526). Additional information on HCR properties can be found at www.nyhousingsearch.gov.

ASSISTED LIVING/ADULT CARE FACILITIES

Assisted Living and Adult Care Facilities (ACFs) serve individuals who cannot or do not want to remain at home or in independent housing, and do not need continuous nursing care as would be provided in a nursing home.

There are several categories of **licensure** with Adult Care Facilities (ACF) and assisted living, and they often provide services. Some have additional licensure or certification to provide specialized services or to accept Medicaid. **Medicare does not cover payment for assisted living or adult care facility services.** All are licensed and overseen by the New York State Department of Health (DOH).

Adult Home (AH)

AHs provide room, board, housekeeping, personal care, and supervision to five or more adults.

Enriched Housing Program

EHPs provide room, board, housekeeping, personal care, and supervision to five or more adults over the age of 65.

Assisted Living Residences (ALR)

To be an ALR the facility needs to be already licensed with DOH as an **Adult Home** or **Enriched Housing Program**. ALRs have a specific individualized plan for each resident. They provide information about services they offer and what these services cost. ALRs can be certified to provide **special needs** and/or **enhanced services** for additional fees or simply provide “basic” ALR services.

Special Needs Assisted Living Residences (SNALRs)

These SNALRs are licensed and approved by DOH to provide specialized services for people with Alzheimer's disease, dementia, or other cognitive impairments.

Enhanced Assisted Living Residences (EALRs)

With additional certification and approved by DOH, EALRs can provide or arrange for nursing care and other additional services in the facility as needed. These can include nursing services and therapy.

Assisted Living Program (ALP)

This program is the only assisted living option in the state that can accept Medicaid as payment. Be sure to check out the entire list of ALPs at the end of this directory.



Questions to ask for Assisted Living

- Is assisted living appropriate, based on the person's physical, financial, mental, and lifestyle needs? How is the need for services determined?
- Is there an "entrance" fee?
- What other services are included in the basic plan and what services are available for an additional cost?
- Each facility will require a recent medical evaluation from your health care provider. Ask the facility what is required for admission.
- Is there a waiting list?
- What is the dining environment like?
- What religious/spiritual programs are offered?
- There are several different types of assisted living. If you have specialized needs, ask how the facility will make sure your needs are addressed.
- Will this facility be able to meet your future needs?
- What happens if you do not have enough money for payment? Will you have to move to another facility?
- If you have long term care insurance, Medicaid, Supplemental Security Income and/or Veteran's benefits, does the facility accept them for payment?
- What sort of relationships does the facility have with nursing homes, hospitals, and home care agencies, should the resident need more or different care?
- Under what circumstances would a resident have to leave the facility?

FAMILY-TYPE HOMES FOR ADULTS

Family-Type Homes for Adults are private homes that provide an atmosphere of family living for adults who choose to live in a congregate setting. For more information on Family-Type Homes for Adults, go to:

<https://ocfs.ny.gov/programs/adult-svcs/ftha/map.php>

NURSING HOMES

A nursing home, also known as a skilled nursing facility, provides 24-hour medical, nursing, and other services to persons of all ages with disabilities. These facilities are licensed by the New York State Department of Health.

Before being admitted into a nursing home, a screening process begins with a health care professional completing a Patient Review Instrument (PRI) to determine the level of care that is needed.



Questions to ask for Nursing Homes

- What are the findings from the most recent state survey, and is it available to review?
- Are amenities such as private rooms, cable service for individual televisions, and private telephones available? At what cost?
- What activity programs and special events are held at the facility or off-site?
- What religious/spiritual programs are offered?
- How many physicians are on staff? Do you have a choice between the facility's staff physician and your personal physician?
- Does the facility have staff providing occupational, physical, and speech therapy?
- Should hospitalization become necessary, which hospital does the facility typically use? What is the facility's policy on reserving your bed while you are in the hospital?
- Who coordinates admissions? Is there an orientation for new residents?
- Is there a resident and family council to provide input into the kinds of programs and problems the facility may have? How often do they meet?
- What may residents bring with them? Is there room for a favorite chair, photographs, and wall hangings?
- Is there a waiting list?

Resources

Albany County-NY Connects

Telephone: 518-447-7177

www.albanycounty.com/government/ny-connects-long-term-care-services-support

Rensselaer County Department of Aging

Telephone: 518-270-2730

<https://www.rensco.com/159/Aging>

Saratoga County Office for the Aging

Telephone: 518-884-4100

<https://www.saratogacountyny.gov/departments/departments-of-aging-and-youth-services/>

Schenectady County Department of Senior and Long Term Care Services

Telephone: 518-382-8481

<https://www.schenectadycountyny.gov/sltc>

Section 227 of New York State Real Property Law

www.nysenate.gov/legislation/laws/RPP/227-A

NY Housing Search

www.nyhousingsearch.gov

NY Connects

Telephone: 800-342-9871

www.nyconnects.ny.gov

Assisted Living only: NYS Department of Health Adult Care Facilities Profiles:

<https://profiles.health.ny.gov/acf/>

Nursing Homes only: NYS Department of Health Nursing Home Profiles:

https://profiles.health.ny.gov/nursing_home

Family Type Homes, Assisted Living and Nursing Homes: Long Term Care Ombudsman (Advocate for individuals currently living in Family Type Homes, Assisted Living Facilities, or Nursing Homes):

Telephone: 855-582-6769

<https://aging.ny.gov/locationsearch/ombudsmen>

Disclaimer

All of the information provided in this directory was requested directly from each community. Prices, services offered, and housing features are subject to change without notice. Albany Guardian Society is not responsible for the availability and quality of services described in this directory. For any questions about a particular location you need to contact the community directly.

Information in the Introduction section has been carried over from previous editions and is provided courtesy of LeadingAge New York.

Notes

Beechwood Retirement Community

2218 Burdett Ave., Troy, New York 12180

Phone 518-271-5950
Age Requirement 62+
Web Site www.eddyseniorliving.com
Management Company St. Peter's Health Partners

Building Information
 Number of Stories 3 with elevator
 Number of Units 61
 Units Adapted for Disabled All are adaptable

Rent Information
 1 Bedroom \$1,960-\$2,245
 1 Bedroom plus den \$2,584-\$2,729
 2 Bedroom \$3,208-\$3,880

Entrance Fee 100% Refundable, call for details

Included in Rent Dinner nightly; Utilities; Cable; Local and long distance telephone; Wireless Internet; Transportation; Housekeeping; Maintenance; Clubhouse; 24-hour security and emergency call system

Pets Yes. Dogs and cats under 30 lbs.

Special Features Continuum of care campus; Multiple community rooms with an array of activities; Empower U Wellness program and fitness center; Private garden area; Outdoor recreational areas; On-site chapel; Non-smoking community



Brook Pointe

2055 East Schodack Rd., Castleton, New York 12033

Phone 518-477-2100
Age Requirement 50+
Web Site www.brookpointe50.com
Management Company Finning Properties

Building Information
 Number of Stories 2 with elevator
 Number of Units 49
 Units Adapted for Disabled All are adaptable

Rent Information
 1 Bedroom \$1,050 and up
 2 Bedroom \$1,200 and up

Included in Rent Basic cable package

Pets No

Special Features Garage rental; Exercise room; Parking; Snow removal; Daytime maintenance staff; Community room; Non-smoking community



Eddy Hawthorne Ridge

30 Community Way, East Greenbush, New York 12061

Phone 518-279-5502
Age Requirement 55+
Web Site www.eddyseniorliving.com
Management Company Eddy Senior Living

Building Information

Number of Stories 2 with elevator
Number of Units 50
Units Adapted for Disabled All are adaptable

Rent Information

1 Bedroom \$2,673
2 Bedroom \$3,476

Entrance Fee Yes. Call for details

Included in Rent

Breakfast, lunch, and dinner served daily; Other dining plan options; Housekeeping; 24-hour security; Maintenance including snow removal; Scheduled transportation; Cultural, recreational, and educational programs; Emergency call system; All utilities

Pet Yes

Special Features Part of The Eddy and St. Peter's Health Partners; Non-smoking community



MARKET-RATE HOUSING

Franciscan Heights Senior Community

1 St. Anthony Ln., Rensselaer, New York 12144

Phone 518-432-3555
Age Requirement 55+
Web Site www.depaulhousing.com
Management Company DePaul Housing Management

Building Information

Number of Stories 2 with elevator
Number of Units 85
Units Adapted for Disabled 4

Rent Information

1 Bedroom Affordable apartment rentals, Call for details
2 Bedroom Affordable market-rate and reduced-rate apartment and cottage rentals

Included in Rent Varies by floor plan

Pets Yes. Call for pet policy

Special Features

Community room; Professional maintenance; Library with fireplace; Emergency response system; Central air; Individual thermostats; Apartments: Intercom entrance; Laundry rooms; Cottages: Dishwashers; Laundry; One-car garage; Non-smoking community



Holiday Diamond Ridge

59 Harris Rd., Troy, New York 12182

Phone 518-233-1400
Age Requirement 55+
Web Site www.holidayseniorliving.com
Management Company Holiday Retirement

Building Information

Number of Stories 3 with elevator
 Number of Units 111
 Units Adapted for Disabled 2

Rent Information

Studio Starting at \$2,359
 1 Bedroom Starting at \$3,079
 2 Bedroom Starting at \$3,619

Entrance Fee

Yes. Equivalent to one month's rent

Pets

Yes. \$25 additional monthly

Included in Rent

3 chef-prepared meals in our dining room; Weekly housekeeping and light linen service; Basic utilities including Spectrum cable; Activities director to keep our residents engaged and mindful; Wearable emergency alert device

Special Features

Outdoor courtyard; Path around community for walking; Designated outdoor smoking area



Summit at Eastwyck

1 Eastwyck Cir., Rensselaer, New York 12144

Phone 518-874-1638
Age Requirement 62+
Web Site www.eastwyckseniorliving.com
Management Company Summit Senior Living

Building Information

Number of Stories 3 with elevator
 Number of Units 144
 Units Adapted for Disabled All are adaptable

Rent Information

1 Bedroom \$1,680-\$1,820
 2 Bedroom \$2,030-\$2,395

Included in Rent

Hot water; High speed Internet; Basic cable television; Daily continental breakfast; Fitness and aquatic classes; Social activities including live entertainment, educational and wellness programs, other social events; Trash removal; Snow removal; Maintenance; Scheduled transportation to medical appointments, shopping and trips

Pets

Yes. Call for details

Special Features

Indoor pool; Sauna; Fitness/exercise rooms; Salon; Craft room; Community room; PT/OT; Bocce ball; Gardens; Dog park; Private balconies/patios; Walk-in showers; Emergency pull cords; Smoking allowed in apartments only



The Kensey on Elliot

50 Elliot Rd., East Greenbush, New York 12061

Phone	518-949-2312
Age Requirement	50+
Web Site	www.burnsmgmt.com/ community/the-kensey-on-elliott
Management Company	Burns Management
Building Information	
Number of Stories	3 with elevator
Number of Units	58
Units Adapted for Disabled	100% can be adapted for handicap accessibility
Rent Information	
1 Bedroom	\$1,426+
2 Bedroom	\$1,675-\$2,045
Included in Rent	Cable; Internet; Water; Sewer; Trash removal; Snow removal
Pets	Yes
Special Features	Community room; Fire pit; Grilling station; Business center; Fitness center; Storage lockers; Off-street parking, garage parking available for rent; Washer / dryer in every unit; Keyless entry; LED light bulbs in every unit; Stainless steel appliances; Patios and balconies; Elevator access; Hardwood style flooring; Non-smoking community



MARKET-RATE HOUSING

The Spinney at Pond View

2500 Pond View, Castleton, New York 12033

Phone	518-479-0800
Age Requirement	55+
Web Site	www.thespinneyatpondview. com
Management Company	The Spinney at Pond View
Building Information	
Number of Stories	1
Number of Units	186
Units Adapted for Disabled	Yes
Rent Information	
1 Bedroom	\$1,725-\$1,825
2 Bedroom	\$1,975-\$2,200
Included in Rent	Hi-speed Internet; Cable; Water; Trash; Sewer
Pets	Yes. Two pets maximum, size and breed restrictions apply. One time non- refundable pet fee of \$500 per pet
Special Features	Active adult community; 24 Hour emergency maintenance; All appliances including washer/dryer; Fitness center; Direct-access garage; Monthly activities; Billard table; Outdoor pools; Pedestrian Friendly with walking trails nearby; Non-smoking community



Blooming Grove Senior Housing

105 Bloominggrove Dr., Troy, New York 12180

Phone	518-283-3435
Age Requirement	55+
Web Site	www.rouse-rpc.org
Management Company	ROUSE, RPC
Building Information	
Number of Stories	2 with elevator
Number of Units	50
Units Adapted for Disabled	3 wheelchair accessible units; Walk-in shower in all units
Rent Information	
1 Bedroom	\$389-\$805 must meet minimum income requirements
2 Bedroom	Not available
Utility Allowance	Heat; Hot water
Pets	No

Special Features Once per week bus to various destinations; Laundry facility on first floor; Community room; Secure building with locked entry; Non-smoking community



SUBSIDIZED HOUSING

Branson Manor Senior Apartments

3 Grandview Dr., Rensselaer, New York 12144

Phone	518-283-8280
Age Requirement	62+ or 18+ mobility impaired
Web Site	www.depaulhousing.com
Management Company	DePaul Housing Management
Building Information	
Number of Stories	2 with elevator
Number of Units	49
Units Adapted for Disabled	5
Rent Information	
1 Bedroom	30% of adjusted gross income
2 Bedroom	Not available
Utility Allowance	No. Utility allowance
Pets	Yes. Call for pet policy

Special Features Community rooms; Coin-op laundry; Secure intercom entrance; Professional maintenance; Weekly shopping buses; Live-in maintenance tech; 24-hour emergency response system; Health education, social, and cultural programs; Service coordination; Community computer station with Internet; Non-smoking community



Brookside Senior Housing

13 Brookside Way, West Sand Lake, New York 12196

Phone 518-283-3435
Age Requirement 55+
Web Site www.rouse-rpc.org
Management Company ROUSE, RPC

Building Information

Number of Stories 1
Number of Units 36 (all have walk-in showers)
Units Adapted for Disabled 2

Rent Information

1 Bedroom \$337-\$720, must meet income requirements
2 Bedroom Not available

Utility Allowance

No. Utility allowance is adjusted when rent is calculated

Pets

No

Special Features

Community room; Laundry facilities in separate building; All units have private entry; Parking in front of units; Non-smoking community



SUBSIDIZED HOUSING

Burns Apartments

720 Federal St., Troy, New York 12180

Phone 518-272-1434
TTY 800-662-1220
Age Requirement 62+ or disabled
Web Site www.burnsapts.com
Management Company Tesco Properties

Building Information

Number of Stories 6 with elevator
Number of Units 99
Units Adapted for Disabled 10

Rent Information

1 Bedroom 30% of adjusted gross income
2 Bedroom Not available

Utility Allowance

No

Pets

Yes. Cats or small dogs, \$300 deposit

Special Features

Regular shopping bus; Secure fenced building with security cameras; Community room with scheduled activities; Gazebo and courtyard area; Meals on Wheels and newspaper delivery; Service coordinator on-site; Non-smoking community. Does accept younger disabled individuals



Castle Hill Apartments

114 Green Ave., Castleton, New York 12033

Phone 518-732-4263
Age Requirement 62+ or mobility impaired
Web Site www.nationalchurchresidences.org
Management Company National Church Residences

Building Information

Number of Stories 2 with elevator
 Number of Units 40
 Units Adapted for Disabled 4

Rent Information

1 Bedroom 30% of adjusted gross income
 2 Bedroom Not available

Utility Allowance

No. Utility allowance

Pets

Yes. Under 30 lbs., one per apartment, \$300 deposit

Special Features

Service coordinator; Emergency pull cords; On-site maintenance; Community computers with Internet; Community room with big screen TV; Laundry room; Non-smoking community



Conway Court

12 Conway Ct., Troy, New York 12180

Phone 518-238-3669
Age Requirement 62+
Web Site www.troyhousing.org
Management Company Troy Housing Authority

Building Information

Number of Stories 6 with 2 elevators
 Number of Units 41
 Units Adapted for Disabled 5

Rent Information

1 Bedroom 30% of adjusted gross income
 2 Bedroom 30% of adjusted gross income (1 unit only)

Utility Allowance

Yes

Pets

Yes. Small pets only, \$100 deposit

Special Features

Community room; Library with computers and Internet connection; Laundry room; Game room; Exercise room; Fenced yard with gazebo; Apartments have individually controlled thermostats for heat; Secure handicap accessibility; Building monitored by voice intercom; Some apartments have balconies; On-site management and maintenance, with 24-hour emergency access; Outside designated smoking area; Non-smoking community



Diamond Rock Terrace Senior Apartments

9, 11, 13 Gurley Ave., Troy, New York 12182

Phone	518-235-1750
Age Requirement	55+
Web Site	www.vestacorp.com/places/diamond-rock-terrace/
Management Company	Vesta Corporation
Building Information	
Number of Stories	3 with elevator
Number of Units	117
Units Adapted for Disabled	Building is accessible; Elevators, ramps
Rent Information	Income Restrictions Apply
1 Bedroom	\$930
2 Bedroom	\$775-\$1,176 depending on income
Utility Allowance	Heat; Hot water; Garbage removal
Pets	Yes. Dog or cat under 20 lbs., \$200 deposit

Special Features Regular shopping buses to supermarkets; Game room; Laundry facility; CDTA bus service (if eligible); Exercise room; Community room in each building; Non-smoking community



SUBSIDIZED HOUSING

Edward A. Kane Apartments

5 115th St., Troy, New York 12182

Phone	518-235-3685
Age Requirement	62+
Web Site	www.troyhousing.org
Management Company	Troy Housing Authority
Building Information	
Number of Stories	7 with 2 elevators
Number of Units	60
Units Adapted for Disabled	1 unit on each floor
Rent Information	
1 Bedroom	30% of adjusted gross income
2 Bedroom	Not Available
Utility Allowance	All Utilities Included
Pets	Yes. Small pets only, \$100 deposit

Special Features Community room; Library with computers and Internet; Laundry room; Game room; Exercise room; Gazebo; Individually-controlled thermostats for heat; Secure handicap accessibility; Building monitored by voice intercom; Some apartments have balconies; On-site management and maintenance, with 24-hour emergency access; Covered designated smoking areas are available away from building; Non-smoking community



Kennedy Towers

2100 6th Ave., Troy, New York 12180

Phone	518-274-7141
Age Requirement	55+
Web Site	www.troyhousing.org
Management Company	Troy Housing Authority
Building Information	
Number of Stories	21 with 2 elevators
Number of Units	135
Units Adapted for Disabled	Some with walk-in showers and can be adapted with ramps
Rent Information	
1 Bedroom	30% of adjusted gross income
2 Bedroom	Not available
Utility Allowance	All Utilities Included
Pets	No
Special Features	Community room; Library with computers and Internet; Laundry room; Game room; Exercise room; Gazebo; Individually-controlled thermostats for heat and air conditioning; Secure handicap accessibility; Building monitored by voice and video intercom; On-site management and maintenance, with 24-hour emergency access; Designated smoking area outside; Non-smoking community



SUBSIDIZED HOUSING

Monument Square Apartments

2 First St., Troy, New York 12180

Phone	518-272-2646
Age Requirement	62+ or disabled
Web Site	www.monumentsquareapts.com
Management Company	The Community Builders, Inc.
Building Information	
Number of Stories	7 with elevator
Number of Units	89
Units Adapted for Disabled	13 4 Hearing/Visual Impaired Units
Rent Information	
Studio	30% of adjusted gross income
1 Bedroom	30% of adjusted gross income
2 Bedroom	Not available
Utility Allowance	None
Pets	Yes. Cats only, \$300 deposit
Special Features	Shopping bus weekly; Laundry room; Planned activities; Community room; Central air-conditioning; Computer lab; Non-smoking community



Nassau Senior Housing

5 Fairgrounds St., Nassau, New York 12123

Phone	518-283-3435
Age Requirement	55+
Web Site	www.rouse-rpc.org
Management Company	ROUSE, RPC
Building Information	
Number of Stories	1
Number of Units	16
Units Adapted for Disabled	1 wheelchair accessible unit; all with walk-in-showers
Rent Information	
1 Bedroom	\$337-\$650, must meet income requirements
2 Bedroom	Not available
Utility Allowance	Heat; Hot water
Pets	No

Special Features Off-street parking; Country setting; Convenience store and post office nearby; Community room; Laundry facility; Non-smoking community



SUBSIDIZED HOUSING

O'Neil Apartments

2121 6th Ave., Troy, New York 12180

Phone	518-272-1425
Age Requirement	62+ or disabled
Web Site	https://wingatecompanies.com/communities/oneil-apartments/
Management Company	Wingate Management
Building Information	
Number of Stories	7 with elevator
Number of Units	122
Units Adapted for Disabled	20 accessible including all with walk-in showers
Rent Information	
1 Bedroom	30% of adjusted gross income
2 Bedroom	Not available
Utility Allowance	None. \$56 utility allowance monthly
Pets	Yes. One pet, dogs under 25 lbs., all cats, \$300 deposit

Special Features Close to public transportation; Senior nutrition site nearby; Community room; Laundry facility; Regularly scheduled buses to supermarkets; Non-smoking community



Renwyck Place

18 Fourth Ave., Rensselaer, New York 12144

Phone 518-436-7505
Age Requirement 62+ or disabled (20% of units set aside for young disabled)
Web Site www.renwyckplace.com
Management Company Millennia Housing Mgmt., Ltd.

Building Information

Number of Stories 6 with elevator
Number of Units 98
Units Adapted for Disabled 10

Rent Information

1 Bedroom 30% of adjusted gross income
2 Bedroom Not available

Utility Allowance

None

Pets

Yes. One dog or one cat, \$300 pet deposit

Special Features

Laundry facility; Off-street parking; One-half block from public transportation; Non-smoking community



SUBSIDIZED HOUSING

ROUSE at Brunswick

7 Country Way, Troy, New York 12180

Phone 518-283-3435
Age Requirement 55+
Web Site www.rouse-rpc.org
Management Company ROUSE, RPC

Building Information

Number of Stories Cottages or 2 story apartments
Number of Units 86
Units Adapted for Disabled All are adaptable

Rent Information

1 Bedroom \$617-\$861 depending on income
2 Bedroom \$708-\$989 depending on income
Cottage \$1,035

Utility Allowance

Heat; Hot water

Pets

No

Special Features

Two bedroom cottages have washer/dryer hook-ups and front porch; Bus to supermarket; Community room; 17 units for low income; Non-smoking community; Two bedroom is for two person household



St. Jude Apartments

50 Dana Ave., Wynantskill, New York 12198

Phone	518-283-5690
Age Requirement	62+ or 18+ mobility impaired
Web Site	www.depaulhousing.com
Management Company	DePaul Housing Management
Building Information	
Number of Stories	2 with elevator
Number of Units	49
Units Adapted for Disabled	5
Rent Information	
1 Bedroom	30% of adjusted gross income
2 Bedroom	Not available
Utility Allowance	None. Utility allowance
Pets	Yes. Call for pet policy

Special Features

Community rooms; Coin-op laundry; Secure intercom entrance; Professional maintenance; Weekly shopping buses; Live-in maintenance tech.; 24-hour emergency response system; Health education, social, and cultural programs; Service coordination; Community computer station with Internet; Non-smoking community



SUBSIDIZED HOUSING

Van Rensselaer Heights

460 Forbes Ave., Rensselaer, New York 12144

Phone	518-465-4947
Age Requirement	62+ or disabled
Web Site	https://vanrensselaerheights.com/
Management Company	Millennia Housing Mgmt, Ltd.
Building Information	
Number of Stories	7 with elevator
Number of Units	107
Units Adapted for Disabled	14
Rent Information	
1 Bedroom	30% of adjusted gross income
2 Bedroom	30% of adjusted gross income
Utility Allowance	Water; Sewer; Trash
Pets	Yes. One dog or one cat under 25 lbs., \$300 deposit

Special Features

Shopping bus on Tuesdays to supermarket; First floor laundry; Community room; Fitness Room and library; Non-smoking community



Woodbridge Heights

9 Bussey Ln., Hoosick Falls, New York 12090

Phone 518-686-7307

Age Requirement 62+ or disabled

Web Site

Management Company Town of Hoosick Housing Authority

Building Information

Number of Stories 2 with chair lift

Number of Units 24

Units Adapted for Disabled 2 including 1 with walk-in shower

Rent Information

1 Bedroom 30% of adjusted gross income

2 Bedroom 30% of adjusted gross income

Utility Allowance

None. Will grant a utility allowance when calculating rent

Pets

Yes. One pet under 20 lbs.

Special Features

Community room; Nearby senior nutrition site, must provide own transportation; Non-smoking community



SUBSIDIZED HOUSING

Wood Park Apartments

1 Wood Park Ln., Hoosick Falls, New York 12090

Phone 518-686-5408

Age Requirement 62+ or disabled

Web Site

Management Company Town of Hoosick Housing Authority

Building Information

Number of Stories 2 with chair lift

Number of Units 30

Units Adapted for Disabled 2 units with walk-in showers

Rent Information

1 Bedroom 30% of adjusted gross income

2 Bedroom 30% of adjusted gross income

Utility Allowance

None. Will grant a utility allowance when calculating rent

Pets

Yes. One pet under 20 lbs.

Special Features

Community room; Nearby senior nutrition site, must provide own transportation; Non-smoking community



Danforth Adult Care Center

19 Danforth St., Hoosick Falls, New York 12090

Phone 518-686-5167

Web Site www.danforthadultcare.com

License Adult Home (ALP)

Building Information

Number of Stories 2 with elevator

Number of Beds/Units 80 - 33 ALP

On-site Health Professional Yes

Payment Information

Private Room \$135-\$175 per day

Semi-Private Room \$110-\$135 per day

Services Included in Cost Case management; Dietician counsel; All personal care; 3 meals daily; Healthy daily snacks; Activity on and off-site; Medication management; Housekeeping; Laundry

Special Features Wanderguard; Podiatrist; Respite care available; On-site day care program; Religious services in chapel; Non-smoking community



Eddy Memory Care at Eddy Hawthorne Ridge

32 Community Way, East Greenbush, New York 12061

Phone 518-279-5502

Web Site www.eddyseniorliving.com/supportive-care-services/memory-care/

License Adult Home (SNALR)

Building Information

Number of Stories 1

Number of Beds/Units 54

On-site Health Professional Yes

Payment Information

Private Room \$8,422

Semi-Private Room Not available

Services Included in Cost Person centered care in a secured community with 24-hour Licensed nursing staff; Medication management; Assistance with activities of daily living; Meals; Life-enrichment program

Special Features Dementia education/communication coaching for staff; Flexible schedules support lifelong patterns and preferences; Secure interior courtyards and outdoor garden pathways; On-site OT/PT; YMCA and library nearby; Respite care; Religious services; On-site Bistro



The Eliot at Troy

2902 Upper Tibbits Ave., Troy, New York 12180

Phone 518-273-2040
Web Site www.theeliotgroup.com

License Adult Home (ALP)

Building Information

Number of Stories 1
 Number of Beds/Units 155 – 95 ALP
 On-site Health Professional Yes

Payment Information

Private Room \$1,367 – SSI rate
 \$1,367 – SSI rate
 Semi-Private Room Admissions with an income over \$1,464 will be income based
 Services Included in Cost Meals; Snacks; Housekeeping; Laundry; Case management services; Medication management; Activities, Wi-Fi

Special Features Call for smoking policy



The Pines at Heartwood

2405 Fifteenth St., Troy, New York 12180

Phone 518-266-9654
Web Site www.pinesatheartwood.com

License Adult Home (ALP)

Building Information

Number of Stories 3 with elevator
 Number of Beds/Units 86-86 ALP
 On-site Health Professional Yes

Payment Information

Private Room \$3,000
 Semi-Private Room \$1,270

Services Included in Cost 3 meals daily; Laundry service; All linens and towels provided; Arrange transportation for appointments (for Medicaid patients only)

Special Features Furnished rooms available at no extra cost; No pets allowed; Call for smoking policy



The Terrace at Eddy Hawthorne Ridge

32 Community Way, East Greenbush, New York 12061

Phone 518-279-5502

Web Site www.eddyseniorliving.com

License Adult Home (ALR)

Building Information

Number of Stories 1

Number of Beds/Units 12

On-site Health Professional Yes

Payment Information

Private Room \$5,802

Semi-Private Room Not available

Services Included in Cost Meals; laundry; housekeeping services; transportation; telephone/cable; Assist with bathing, dressing, medication; Emergency call system; Social, cultural, recreational, and educational programs

Special Features Part of The Eddy and St. Peter's Health Partners; Non-smoking community; 24 hour nursing and security



The Terrace at Eddy Memorial

2256 Burdett Ave., Troy, New York 12180

Phone 518-271-5950

Web Site www.terraceatteddymemorial.com

License Enhanced Assisted Living

Building Information

Number of Stories 4 with elevator

Number of Beds/Units 67

On-site Health Professional Yes

Payment Information

Private Room Starting at \$4,700

Semi-Private Room Not available

Services Included in Cost Phone; Utilities; Cable television; Personal care; 3 meals; Housekeeping; Laundry; Medication assistance; Transportation

Special Features Respite care available; Library; Gift shop; Beauty/barber shop; Part of The Eddy Continuum of Care Campus; Non-smoking community; Bridge to Home Program; Therapy Services Available (Physical, Occupational, and Speech)



DBA Collar City Nursing & Rehabilitation Center

100 New Turnpike Rd., Troy, New York 12182

Phone 518-235-1410
Web Site www.collarcityrehab.com

Facility Information

Number of Stories 2 with elevator
 Number of Beds 120
 Dementia Care No
 Respite Available Yes

Payment Information

Private-Pay, Private Room \$500 per day
 Private-Pay, Semi-Private \$500 per day

Special Features

Short-term rehabilitation and recovery; Long-term residential care; Physical, occupational, and speech therapy; Social work and family support; Counseling services; Recreation activities; 24-hour access to physician services; IV therapy services; Rehabilitative nursing; Wound care; Bariatric care; Respiratory therapy services; On-site dietitian services and nutritional support; Coordination of transportation and medical appointments; Non-smoking community



Eddy Heritage House Nursing and Rehabilitation Center

2920 Tibbits Ave., Troy, New York 12180

Phone 518-274-4125
Web Site www.sphp.com

Facility Information

Number of Stories 4 with elevator
 Number of Beds 120
 * Dementia Care Yes
 Respite Available Yes. Call for details

Payment Information

Private-Pay, Private Room \$507 per day (+6.8% NYS assessment)
 Private-Pay, Semi-Private \$484 per day (+6.8% NYS assessment)

Special Features

Part of the Eddy continuum of healthcare and a member of St. Peter's Health Partners; \$507 Respite; Sub-acute rehabilitation available, call for details; Non-smoking community



* Dementia/Alzheimers

Accepts people with Dementia/Alzheimers diagnoses but DO NOT have a specialized/designated (locked)unit

Eddy Memorial Geriatric Center

Ad 2256 Burdett Ave., Troy, New York 12180

Phone 518-274-9890

Web Site www.sphp.com

Facility Information

Number of Stories 4 with elevator

Number of Beds 80

Dementia Care Yes

Respite Available No

Payment Information

Private-Pay, Private Room \$484 per day

Private-Pay, Semi-Private \$461 per day

Special Features

40-bed specialized unit for those with Alzheimer's and related disorders; Part of the Eddy continuum of healthcare and a member of St. Peter's Health Partners; Non-smoking community



Evergreen Commons

1070 Luther Rd., East Greenbush, New York 12061

Phone 518-479-4662

Web Site www.evergreencommonsrehab.com

Facility Information

Number of Stories 2 with elevator

Number of Beds 242

Dementia Care Yes

Respite Available Yes

Payment Information

Private-Pay, Private Room \$507.30 per day

Private-Pay, Semi-Private \$496.62 per day

Special Features

40-bed secure dementia care unit; 2 respite beds (Medicaid accepted); Short-term rehabilitation unit; Non-smoking community



Riverside Center for Rehabilitation and Nursing

90 North Main St., Castleton, New York 12033

Phone 518-732-7617

Web Site <https://riversidecenterrehab.com/>

Facility Information

Number of Stories 2 with elevator

Number of Beds 80

Dementia Care Yes. But no specialized unit

Respite Available Yes. Call for details

Payment Information

Private-Pay, Private Room \$470 plus tax per day

Private-Pay, Semi-Private \$460 plus tax per day

Special Features

Short-term rehabilitation; IV therapy; Part of Upstate Services Group; Therapy dogs visit on a regular basis along with other pets; Family members may bring pets for the day, if they meet the criteria; Non-smoking community



Rosewood Rehabilitation and Nursing Center

284 Troy Rd., Rensselaer, New York 12144

Phone 518-286-1621

Web Site rosewoodrehabilitation.com

Facility Information

Number of Stories 2 with elevator

Number of Beds 80

Dementia Care Yes

Respite Available Yes

Payment Information

Private-Pay, Long-Term, Private \$370 per day

Private-Pay, Short-Term, Private \$430 per day

Private-Pay Long Term, Semi-Private \$355 per day

Private-Pay Short Term, Semi-Private \$415 per day

Special Features

24-hour nursing care; Suites for rehabilitation; Daily activities; TV and cable; Optometry; Dental; Beautician/Barber; Personal modified diets; Wound Care; Pet Therapy; Psychiatry; Non-smoking community



Troy Center Rehabilitation and Nursing

49 Marvin Ave., Troy, New York 12180

Phone 518-273-6646
Web Site www.troycenter.net

Facility Information

Number of Stories 1
Number of Beds 78
Dementia Care No
Respite Available No

Payment Information

Private-Pay, Private Room \$610 per day
Private-Pay, Semi-Private \$610 per day

Special Features

Part of the Centers Healthcare; 7 days a week Therapy Program; Wound Care doctor weekly; Non-smoking community



Van Rensselaer Manor Nursing and Rehabilitation Facility

85 Bloomingrove Dr., Troy, New York 12180

Phone 518-283-2000
Web Site www.vanrensselaermanor.com

Facility Information

Number of Stories 3 with elevator
Number of Beds 362
Dementia Care Yes. 80 beds
Respite Available No

Payment Information

Private-Pay, Private Room \$518 per day
Private-Pay, Semi-Private \$496 per day

Special Features

One unit with in-room oxygen; On-site physical therapist; Occupational and speech therapists; Non-smoking community



ADDITIONAL ASSISTED LIVING PROGRAM FACILITIES

Albany County

Promenade at University Place

1228 Western Ave., Albany, NY 12203

Phone: 518-514-9500

Website: <https://www.promenadesenior.com>

Columbia County

Camphill Ghent, Inc.

2542 State Route 66, Chatham, NY 12037

Phone: 518-392-2760

Website: <https://www.camphillghent.org>

Ghent Assisted Living

30 Whittier Way, Ghent, NY 12075

Phone: 518-828-0900

Website: <https://ghental.com>

Essex County

Montcalm Manor H.F.A

45 Montcalm St., Ticonderoga, NY 12883

Phone: 518-585-6230

Website: <https://www.thewgroup.com/community/montcalm-manor-hfa>

Fulton County

Pineview Commons

201 S. Melcher St., Johnstown, NY 12095

Phone: 518-762-5488

Website: <https://pineviewcommons.org>

Greene County

The Eliot at Catskill

122 Jefferson Heights, Catskill, NY 12414

Phone: 518-943-7100

Website: <https://www.eliotalp.com/the-eliot-at-catskill>

Home Sweet Home of Athens

71 2nd St., Athens, NY 12015

Phone: 518-945-1673

Website: <https://www.thewgroup.com/community/home-sweet-home-at-athens>

Home Sweet Home on the Hudson

38 Prospect Ave., Catskill NY 12414

Phone: 518-943-5701

Website: <https://www.thewgroup.com/community/home-sweet-home-on-the-hudson>

Montgomery County

Hillcrest Spring Residential

5052 Upper Market St., Amsterdam, NY 12010

Phone: 518-843-3770

Website: <https://www.hillcrestspringresidential.com>

The Sentinel of Amsterdam

10 Market St., Amsterdam, NY 12010

Phone: 518-896-0010

Website: <https://www.sentinelalf.com>

Rensselaer County

Danforth Adult Care Center

19 Danforth St., Hoosick Falls, NY 12090

Phone: 518-686-5167

Website: <https://danforthadultcare.com>

The Eliot at Troy

2902 Upper Tibbits Ave., Troy, NY 12180

Phone: 518-273-2040

Website: <https://www.eliotalp.com/the-eliot-at-troy>

The Pines at Heartwood

2405 Fifteenth St., Troy, NY 12180

Phone: 518-266-9654

Website: <https://pinesatheartwood.com>

Schenectady County

Judson Meadows Assisted Living Community

39 Swaggertown Rd., Glenville, NY 12302

Phone: 518-831-2400

Website: <https://www.judsonmeadowsassistedliving.com>

Scotia Mansion

39 Wallace St., Scotia, NY 12302

Phone: 518-346-6458

Website: <https://www.thewgroup.com>

Schoharie County

Marchand Manor

121 Main St., P.O. Box 265, Sharon Springs, NY 13459

Phone: 518-284-2357

Website: <https://www.marchandmanor.com>

Warren County

Adirondack Manor H.F.A

653 Bay Rd., Queensbury, NY 12804

Phone: 518-761-0176

Website: <https://www.thewgroup.com>

Washington County

Argyle Center for Independent Living

4573 NY-40, Argyle, NY 12804

Phone: 518-638-8274

Website: <https://centershealthcare.com/locations/argyle-center>

The Mansion at South Union

11 South Union St., Cambridge, NY 12816

Phone: 518-677-3711

Website: <https://www.thecambridgeassistedliving.com>

ALBANY GUARDIAN SOCIETY

12 Corporate Woods Boulevard
Albany, New York 12211
(518) 434-2140
www.albanyguardiansociety.org

You may access this Housing Directory on our Website at
www.albanyguardiansociety.org